

**Cedarville Invitational  
Saturday 2/3/18  
Dodan Fieldhouse**

**10 am start time**

High Jump  
No entries

Shot Put (G)  
Roush  
Fletcher  
Klein  
Bruder

Shot Put (B)  
Hargrove  
McGrellis  
Moody  
Moran  
Reese  
York  
Reidell  
\*Cross

Pole Vault (after HJ-G)  
Meyer

Pole Vault (after girls)  
Jasin  
A-Downs

Long Jump (after HJ) G  
\*Dawson  
Vigay

Weight Throw (B) after SP  
Hargrove  
McGrellis  
York  
Reidell  
\*Cross

Weight Throw (G 2<sup>nd</sup>)  
Roush  
Fletcher  
Klein  
Bruder  
Kurucz

60 Hurdles (B)  
Bumpus  
Meinking  
Mallonee\*

60 Meters (G)  
Vigay  
Meyer

60 Meters (B)  
Bumpus  
Zeiser

**Running Finals start at 11:30ish w/4x8  
then 4x2**

1,600 Meters (G)  
Jackson\*  
Little\*

1,600 Meters (B)  
Nerlinger  
McGuffey  
Jus Davidson  
Emmert  
Smith  
A Downs  
Flanagan  
Hall  
Orf  
Kick  
Ammer

400 Meters (B)  
Nerlinger  
Meinking  
McFarland  
Long  
Matiok  
Kohen

800 Meters (B)  
Kick  
Flanagan  
Jus Davidson  
Orf  
Smith  
Ammer  
Hall

200 Meters (B)  
McFarland  
Zeiser  
Matiok  
Long

3,200 Meters (B)  
A Downs

- Check in with Coach McClain at the pole vault when you get there.
- Try & set up a camp by that PV area
- Coach will have the 1/8 inch spikes- bring a wrench please
- Warm up as a group and listen for check-ins when they call them for your races.
- Have fun and compete! You are working hard and this is a great chance to see where you are at training wise.
- Enjoy the day and support each other- that's what it's all about!
- I would allow yourself 60 minutes to warm up- it's a fluid meet so be flexible and aware of calls.
- Good Luck

