

12th Annual Warrior Elk Challenge

"Race for a Cure" Relay for Life

Wednesday May 1, 2019

A special speaker will speak to both teams at 3:45 pm at mid field at the stadium. All public is welcome. The team picture will follow with all team members in meet t-shirt

Throws schedule (5pm start)

Boys Discus, Hammer, Shot Put

Girls: Hammer, Shot Put, Discus

Field Events-5:15 pm

Boys Pole Vault & Long Jump

Girls High Jump & Long Jump

Triple jump will be after Long Jump

(Switch as other event ends)

Community 1 Mile Run is at 5:30 pm

Running Events- 6:00 pm

6:00 pm 4 x 800 (separate)

6:20 pm 100/110 Hurdles

6:30 pm 100 Meters

6:35 pm 4 x 200 Relay

6:45 pm 1,600 Meters (separate)

7:15 pm 4 x 100 Relay

7:20 pm 400 Meters

7:30 pm 300 Hurdles

7:40 pm 800 Meters

7:50 pm 200 Meters

8:00 pm 3,200 Meters (combined)

8:20 pm 4 x 400 Relay

8:30 pm Warrior Elk Flag Presentation

All field events w/starting heights established at meet time. LJ, SP & Discus will be 3 attempts, change order, attempt three more (6 attempts total).

Running events will be run on the district final schedule with boys & girls all separate (rest purposes) except 3,200 meters.

Format:

This is a two team dual meet that is set up like a quad meet where each school will get up to four varsity entries per event and four varsity relay teams per relay race. There will be one heat of each race and it will be run as a final for the varsity meet and then JV heats to follow (varsity will be heat 1 in all events)

Scoring:

Individual Events

1st place = 5 points

2nd place = 3 points

3rd place = 2 points

4th place = 1 point

Relay Events

1st place = 5 points

2nd place = 2 points

3rd place = 1 point

Lane Assignments & Orders:

The home school shall have the even number lanes and the visiting school shall have the odd numbered lanes. In the field events, the home school shall go in the even numbered slots and the visitor in the odd numbered slots.

Trophy:

The trophy will be the WarriorElk Challenge Flag and it will be awarded to the school with the most combined points (boys & girls) at the conclusion of the meet. The winner will be in charge of keeping the flag in proper shape for one year until it will be displayed at the following years meet. This is a traveling trophy.